



SOBER TRAVEL
RETREATS

Sober Travel Retreats in Antigua

Sober Recovery & Family-Friendly
Adventures for Connection, Growth
& Renewal

Choose your experience:

Sober Travel Retreat

Healing for Families
of Addiction



Join us for a meaningful, life-changing
journey in a safe, supportive space.

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Antigua Awaits You!

Discover the adventure, connection, and growth you've been craving.

Join us in Antigua and rediscover your best self.



Why Choose Our Retreats?

Find the Right Retreat for You

Sober Travel Retreat:

- Adventure, growth, and connection in a recovery-friendly environment.

Healing for Families of Addiction:

- Reconnect, heal, and build stronger relationships in a guided, supportive space.



Sober Travel Retreat

- Safe, alcohol-free environment
- Transformative experiences guided by experts
- A welcoming community of like-minded individuals
- Cultural immersion & adventure in Antigua



What's Included?

- 7 Nights in a Curated Villa – with pool & hot tub.
- Daily Growth & Healing Sessions – Recovery-focused or family-oriented
- Guided Cultural & Adventure Experiences – Explore Antigua, visit coffee farms, hike volcanoes, cooking classes, & much more!
- Gourmet Healthy Meals – Locally-sourced & nourishing
- Airport Transfers & On-Site Support
- Built-in Supportive Community



Your Choice

Two Transformational Retreats

Which Experience is Right for You?

	Sober Travel Retreat	Family Healing Retreat
Who is it for?	Individuals in recovery seeking adventure & connection (LGBTQ+ & women-only retreats available.)	Families looking to heal & strengthen bonds
Focus	Recovery, self-discovery & adventure	Rebuilding trust, communication & family healing
Activities	Recovery sessions, sober excursions, community-building	Family coaching, bonding experiences, cultural immersion



Not sure which is right for you?

Let's chat!

Get Your Trip for FREE!

ANTI
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Bring 9 Friends, and Your Trip is Free!*

*valid until end of 2025

Want to travel for free? If you organize a group **a minimum of 9 friends or clients**, your spot is **completely free!**

Perfect for:

- Families or friends looking for a meaningful experience together
- Recovery coaches & therapists
- Sober influencers & content creators

Interested?

Let's chat!





Secure Your Spot Today!

Early Bird Discount

Save \$350 if you sign up by the end of July 2025

Room Options:

Standard to Top Tier (Private Balcony) \$3995-4995/ per person* (dbl)

Payment Plans Available!
Limited Spots!

[Sobertravelretreats.org](https://sobertravelretreats.org)

Website

[Call, text or email](#)

To ask questions

Contact Info



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Still Have Questions?

What if I don't know anyone?

Most guests come solo and leave with lifelong friends!

Can I bring my family to the sober retreat?

We have a dedicated Family Healing Retreat just for that!

Why does retreat feel expensive?

The price includes nearly everything—accommodations, meals, excursions, guided sessions, and airport transfers. Plus, your participation helps fund 7 weeks of school for Mayan children and supports local sober initiatives.

What's the refund policy?

Flexible booking & cancellation options available.



You have more questions?

Let's chat!